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3 **The Student Government Association of the University of Science and Arts of Oklahoma**

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5 *Author: Visual/Performing Arts Senator Mason Alldredge*

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7 **Committee: Accessibility**

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9 **Mental Health Matters Resolution**

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11 **WHEREAS:** The Student Association Senate is the representative body for the students of the  
12 University of Science and Arts of Oklahoma and the unified voice that affirms  
13 students' concerns; and,

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15 **WHEREAS:** College students as a whole frequently struggle with depression, anxiety, and other  
16 mental health disorders that can be as debilitating as physical health disorders;  
17 and,

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19 **WHEREAS:** The University of Science and Arts of Oklahoma has around 1000 students on  
20 campus but few mental health counselors to accommodate for them; and,

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22 **WHEREAS:** Having limited availability for counseling sessions can disincentivize students to  
23 schedule regular sessions with the counseling faculty; and,

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25 **WHEREAS:** The precedent that one counseling session can heal mental health disorders and  
26 students' problems is false; and,

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28 **WHEREAS:** Having healthy mental health is the cornerstone for student success and counseling  
29 services directly impact this; and,

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31 **WHEREAS:** The appointment load on the current counselors on campus is far too large to  
32 handle.

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34 **NOW THEREFORE, LET IT BE RESOLVED BY THE STUDENT ASSOCIATION**  
35 **SENATE OF THE UNIVERSITY OF SCIENCE AND ARTS OF OKLAHOMA THAT:**

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37 **SECTION 1:** The Student Government Association shall immediately and strongly urge the  
38 University of Science and Arts of Oklahoma to hire additional mental health  
39 counselors, implement a system where setting up for regularly scheduled therapy  
40 sessions is possible and encouraged, make mental health services more accessible  
41 to students overall, and increase advertisement of mental health services on  
42 campus so students are aware of them.

44 SECTION 2: Copies of this act shall be distributed to the following:  
45 All Current members of the USAO Government Association (SGA) Senate, all  
46 current members of the SGA Executive Council, all current member of the SGA  
47 Supreme Court, all current advisors of the SGA, Coordinator for Student  
48 Wellness and Accommodations Rachel Drechsler, Vice President of Enrollment  
49 Management and Student Life Sheppard McConnell, and the office of President  
50 Kayla Hale.

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Committee Recommendation: [Do Pass/No Recommendation/Do Fail]

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Harry Cracknell  
SGA President

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Luke Cantrell  
SGA Vice President

